

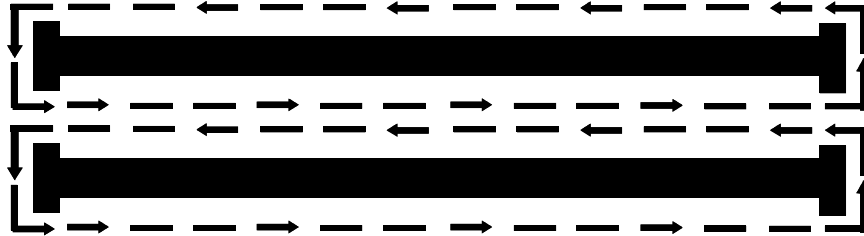


City of Costa Mesa ♦ Recreation Division Downtown Aquatic Center

LAP SWIMMING ETIQUETTE

For all users' safety, patrons are expected to follow all established pool rules and regulations. Warnings will be issued if violations occur—patrons endangering themselves or other users will be asked to leave the facility. All patrons are encouraged to have a safe and fun experience. If any questions or concerns should arise—please contact aquatic staff immediately. Remember SAFETY FIRST!

1. Swimmers are responsible for selecting appropriate lane speed to their ability. Lifeguards may make lane adjustments if needed.
2. At any time there are 3 or more swimmers to a lane, swimmers are expected to swim circular at all times. Swim to the right-hand side of blue lines at all times.



3. When resting on wall move to outward corners to allow other swimmers room to easily turn at wall.
4. When passing please be aware of on-coming swimmers. Wait to pass if necessary to avoid collisions. Whenever possible wait at corner of wall to allow faster swimmers to pass as needed.
5. Please modify your stroke when passing to avoid collisions.
6. Please be COURTEOUS and RESPONSIVE if you are asked to move lanes by lifeguards. Lifeguards will have final say in arrangement of lanes in the event a question or problem arises.
7. Please be sure to put away kickboards, pull-buoys, and other swim equipment that you may have used.
8. If questions or concerns should arise please feel free to contact Aquatics Staff for assistance.

Thank you for using the DAC facility safely. Always think safety before fun. Lifeguards will ensure safety and provide directions as needed to prevent injuries or accidents. The Downtown Aquatic Center reserves the right to refuse service to anyone.