



City of Costa Mesa ♦ Recreation Division

Downtown Aquatic Center Youth Spring Swim Lessons

Youth swim lessons are available at the Downtown Aquatic Center this spring. Spring lessons are four weeks in length and offered either Monday/Wednesday or Tuesday/Thursday between 3:00-5:00p.m. Classes are 25 minutes each day and the fee is \$36 (SP-3 M/W is \$32) per participant per session. Classes are subject to a minimum enrollment requirement. Cancellation, transfer, and non-resident fees apply. Photo identification with current proof of residency is required at time of registration. Schedule is subject to change.



Session Dates:
SP-1: March 16 - April 9
SP-2: April 13 - May 7
SP-3: May 11 - June 4

Costa Mesa Resident Registration:

Saturday, February 21, 8:00 a.m. to 10:00 a.m.

Weekdays beginning February 23, 8:00 a.m. to 5:00 p.m.

Open Registration:

Weekdays beginning March 2, 8:00 a.m. to 5:00 p.m.



Registration Process:

On Saturday, February 21, between 8:00 a.m.– 8:15 a.m., index cards will be provided for participants to record their names on. Index cards will be drawn in random order to register. One card per family. Those arriving after 8:15 a.m. will either be registered if there are spaces remaining or will be put on a waiting list. Photo identification with current proof of residency is required at time of registration.

Cancellation Policy:

Due to a continuing effort to offer small class sizes to enhance the learning experience, no refunds or transfers allowed unless the cancellation can be filled from the waiting list. Requests must be made one week in advance. Cancellation fee is \$20, transfer \$10. If the class is cancelled by the department, participant will be notified and full refund processed.

Downtown Aquatic Center
1860 Anaheim Avenue, Costa Mesa
For additional information please call (714) 327-7564



Youth Swim Lesson Information

Each child can only be enrolled in one session at a time. No transfers or refunds permitted unless the spot can be filled from a waiting list. Cancellation fee is \$20, transfer fee is \$10. All lessons have a minimum enrollment requirement of four participants.

- **IPAP Parent & Me** (ages 6 months to 2½ years, class ratio - 10:1)
Parent and child share the fun of learning to swim. You will assist your child with basic water adjustment, breath control, and swimming readiness. Class emphasis is on fun and safety. Parent participation in the water required; one parent per child.
- **Level 1 Water Exploration** (ages 2½ and up, class ratio - 5:1)
Students learn basic water adjustment, safety, floating, kicking, and are introduced to arm and leg movement for freestyle and backstroke.
*Participant must be able to perform both front and back floats unsupported; and supported kicking before receiving a passing card to Level 2**
- **Level 2 Fundamental Skills** (ages 5 years and up, class ratio - 6:1)
Students learn the fundamentals of freestyle, backstroke, treading water, and safety.
*Participant must be able to swim at least 5 yards of freestyle, 5 yards of backstroke, and demonstrate deep water readiness before receiving a passing card to Level 3**
- **Level 3 Stroke Development** (ages 5 years and up, class ratio - 6:1)
Students learn side breathing, front dives, butterfly kick, and elementary backstroke. Concentration is placed on safety and the refinement of freestyle and backstroke.
*Participant must be able to swim the width of the pool freestyle and backstroke, and must exhibit comfort and endurance in deep water before receiving a passing card to Level 4**
- **Level 4 Stroke Improvement** (ages 5 years and up, class ratio - 6:1)
Students learn breaststroke and sidestroke. Emphasis is placed on the refinement of skills learned in previous levels and endurance.
*Participant must be able to swim one length of the pool freestyle and one length of the pool backstroke to receive a passing card to Level 5/6**
- **Level 5/6 Stroke Refinement & Fitness Swimmer** (ages 5 years and up, class ratio - 6:1)
Students continue to work on freestyle, backstroke, elementary backstroke, breaststroke, and sidestroke. Students also learn butterfly skills, flip turns, drills, how to use a pace clock and training equipment. Proper swim workout components are also taught.

*Participant level readiness is at the discretion of the instructor. It is the responsibility of the parent to register the participant in the appropriate level. If a child does not prove competency on the first day of class, they will be removed from the class. Efforts will be made to place child in correct level, but there is no guarantee space will be available. Fees will apply.